Subscribe

### My EAP | News & Events | Your Rights | View this email in your browser



**February 2019 Issue**: <u>Subscribe</u> to the EAP newsletter that helps employees and their families maintain work-life balance.



# Taxes 101: What You Know May Impact What You Owe

"In this world," American founding father Benjamin Franklin once wrote, "nothing can be said to be certain, except death and taxes."

If taxes are indeed as inevitable as Franklin suggested, how do we make the best of our status as taxpayers? It starts with understanding the basics: the nature of the tax code and the responsibilities it puts upon taxpaying individuals, couples and business entities, plus the advantages that come with being proactive about fulfilling those responsibilities, and the damage that can result from not meeting them. Courtesy of the Financial Planning Association (www.FPAnet.org) in Denver, CO, here are a few general rules of thumb to help you stay in the taxman's good graces:

**RULE 1**: If you earn, you probably owe. If you have an income, chances are you'll need to pay the federal and/or state government a share of the money you take in. In many cases, your employer will take what you owe out of your paycheck and send it to the government directly, a process known as withholding. If you're self-employed, in all likelihood you need to pay your own taxes (income tax, social security tax, and Medicare tax) to both the state and Uncle Sam, typically in the form of quarterly estimated tax payments.

**RULE 2**: Fulfill your responsibilities on time. Taxpaying U.S. citizens are obligated to file annual state and federal tax returns, usually by a deadline that falls on or around April 15 each year. Certain business entities and the self-employed are not only obligated to file tax returns, they often must make quarterly estimated tax payments in. Individuals and businesses that fail to meet their obligations (such as by miscalculating or underpaying what they owe, or by failing to submit payments or returns by the required deadline) could face interest, penalties and plenty of other red tape. "This stuff can really haunt you if you're not careful," said Amy Jo Lauber, CFP<sup>®</sup> of Lauber Financial Planning in West Seneca, N.Y. "And who needs more stress in their life?"

**RULE 3**: Enlist an expert. "A good CPA (certified public accountant) is worth his or her weight in gold," said Lauber. A relatively modest investment in an accountant could pay off many times over, not only by identifying ways to save on your taxes that you may never have considered (obscure or expiring tax credits, maximizing retirement contributions to minimize tax obligations, etc.), but also by helping you avoid issues that could raise red flags with a tax agency. Having a capable CPA is especially important for business owners, adds Lauber.

**RULE 4**: Take advantage of what the tax code offers. Embedded in federal and state tax laws and policies are countless provisions (tax deductions and tax credits) that, when capitalized upon, can have a major positive impact on your tax bottom-line. These provisions change frequently and can be complex, more justification to enlist a CPA.

**RULE 5**. Don't withhold more (or less) than you need to. Sure, it's nice getting a tax refund back from the government. But getting a refund means you've essentially been giving the government an interest-free loan. You're better off keeping that money in your own pocket and putting it to good use — to save toward retirement or a big purchase, to

pay down debt, etc. On the other hand, if not enough is withheld from your paycheck over the course of a year, you could end up with an unexpectedly painful tax tab at year's end. Either way, it's wise to work with your employer to be sure they're withholding the proper amount.

Financial Planning Association (FPA) © 2019

How helpful was this article? **lowest** <u>1</u> <u>2</u> <u>3</u> <u>4</u> <u>5</u> <u>6</u> <u>7</u> <u>8</u> <u>9</u> <u>10</u> highest
Sorry, voting is closed.
(Make your vote count! Subscribers please vote while viewing in your email inbox.) *If you found this article helpful, share it with a colleague or family member!* 

If you have a suggestion for an article or feedback about the newsletter, please <u>let</u> <u>us know</u>!

## Employee & Family MEMBER SERVICES



Services are free, confidential and included in your Employee Assistance Program (EAP). Get an **<u>in-depth look</u>**.

#### Access your services at 800-968-8143 or online.

Counseling | Financial Consulting | Elder and Child Care Resources | College and School Resources | Parenting and Adoption Resources | Home and Lifestyle Resources | Health and Wellness Resources | Work and Career Development | Legal Services | Pet Care Assistance



#### Learning How to Manage Debt

While many Americans struggle with debt management, you're in the unique position to get free, unbiased support from our Certified Financial Planners®. Our experts can help you gain financial wellness through phone consultations on how to:

- Track where you spend money
- Pay down and consolidate debt.

- Develop a plan to increase your savings.
- Use financial tools to help calculate your goals.



MONTHLY WEBINAR

#### Passport to Success

Using your EAP can help put your dreams within reach! Learn how easy it is for you and your immediate family members to get started.

### Tax-Saving Strategie

Review step-by-step the different sections of the 1040 and how you can maximize savings. What is the difference between a tax deduction and a credit? How can I minimize taxes? Give yourself a raise! Learn more about smart tax planning.

**Log in** to watch the webinar and view answers to reader's questions or submit your own.



#### Share your story!

We love to hear that people's lives improved after using our services! Inspire someone to use their EAP benefit by **sharing your experience**.



Copyright © 2019 First Sun EAP, All rights reserved.

Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.