

Life Management Services



Be more successful
at home and work.
Call First Sun at
800-968-8143
or visit
www.firstsuneap.com



Life Is a Balancing Act

Juggling has become the norm in our lives. With so many activities going on and all the responsibilities one holds, it's hard not to place them all as *the* number one priority. Let the trained network counselors at First Sun EAP help you establish a work-life balance that suits your lifestyle.

These services are included in your benefits. They are provided for you and your family members through your First Sun EAP. All services remain confidential.

Life Management Services

So you can be more successful at home and work

- Legal Services and Documents
- Financial Consultations
- College and School Assistance
- Child Care Resources and Assistance
- Elder Care Resources and Assistance
- Adoption Assistance
- Pet Care Assistance

First Sun EAP services are made available to you and your family members by your employer. You can use the services whether or not you have chosen to participate in an employer health plan.

All counseling services are confidential in compliance with the law.

First Sun EAP Counselors are available 24/7/365 at 800-968-8143.

Employee
& Family

Member Services