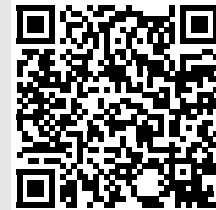


# EAP Services for You and Your Family



Call First Sun at  
**800-968-8143**  
or visit  
[www.firstsuneap.com](http://www.firstsuneap.com)



**Counseling Services**— When your personal and professional life become unbalanced, we are here to help with depression, stress, grief, anxiety, family conflicts, spiritual matters and personal growth.

**Financial Consultations**— Financial counselors assist with planning for retirement, reorganizing the family budget and dealing with a financial crisis.

**Legal Consultations and Documents**—Our website holds a wealth of personal and legal documents, and legal information. You may also call for a free legal consultation. All legal services are provided by licensed attorneys.

**Elder Care Resources and Assistance**—Receive an assessment from our Consultants for needs involving elderly and disabled adults. Get resources, referral information and support for caregivers.

**Child Care Resources and Assistance**—Consultants advise how to select child care resources and address child care needs including routine day care needs, special need care, swing shift needs and summer camps.

**College Assistance**—Consultants are available for students and working adults who desire assistance in the college search or identifying resources such as financial aid, test preparation and educational plans.

**School Assistance**—Resources are available to help parents choose an appropriate school, prepare children for school, and assist children with school achievement.

**Adoption Assistance**—For parents wanting to adopt, Consultants can provide referrals to adoption attorneys, placement agencies, domestic and international adoption agencies, fertility specialists and clinics, etc.

**Pet Care**—Consultants offer comprehensive pet care referral services to assist with veterinary selection, emergency care, grooming, obedience classes, boarding, pet sitting, and the like.

**The First Sun EAP website** offers detailed information about your benefits, articles, self-assessments and more. Information about financial planning and financial calculators are also available online.

*First Sun EAP services are made available to you and your family members by your employer. You may use the services whether or not you have chosen to participate in an employer health plan.*

*All counseling services are confidential in compliance with the law.*

First Sun EAP Counselors are available 24/7/365 at 800-968-8143.

Employee  
& Family

Member Services