



Bring Out the Best In Your Employees

You can help your employees be at their very best, both at work and in their personal lives, by providing our Employee Assistance Program (EAP). This program is run by First Sun EAP. Because First Sun is a separate company from BlueChoice HealthPlan, First Sun will be responsible for all services related to the employee assistance program.

By offering members our employee assistance program, you can help to reduce the number of days employees miss, help to increase productivity and bring out the best in your employees. These services are free to members and those in their households.

Counseling Sessions

Three free face-to-face sessions for members and their family members during the contract year per person for individual, couples and family counseling.

Life Management Services

Three free life management services per person are available to members and their family members during the contract year for:

- Financial Services
- Legal Consultations and Documents
- Elder Care Resources and Assistance
- Child Care Resources and Assistance
- College and School Assistance
- Adoption Assistance

Focus on life. Focus on health. *Stay focused.*



BlueChoice HealthPlan is an independent licensee of the Blue Cross and Blue Shield Association.

All counseling services are confidential in compliance with the law.

Employer Assistance

Not only do we assist employees, but we also help employers in the following ways:

Training

- Online and DVD employee orientations and manager training
- Free regional manager training and advisory conferences
- Full array of fee-for-service employee, manager and organizational training

Workplace Services

- Group leader consultation regarding policies and program planning
- HR/manager consultation regarding workplace issues
- Assessment, case management, referral and coordination of communications regarding troubled members

On-Site Support

Face-to-face consultation with an organizational consultant to set program goals, develop customized promotional campaigns and complete free organizational assessments.

Reporting

Reporting is available to groups semi-annually.

For more information, please contact your agent or BlueChoice® Marketing Representative today!



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