

# Counseling Services

## Counseling Services For:

- Personal Concerns
- Grief & Loss
- Trauma Issues
- Anger Management
- Relationship Issues
- Family Concerns
- Stress Management
- Spiritual Concerns
- Alcohol/Substance Abuse
- Depression
- Anxiety



For additional assistance and resources, call First Sun at  
**1-800-968-8143**  
**803-376-2668 Columbia Area**



[www.firstsuneap.com](http://www.firstsuneap.com)